

# Safety Considerations

- Use the sampling pole provided.
- Never survey alone.
- Let someone know where you are going and when you will return.
- Use safety glasses and protective gloves when handling reagents.
- Make sure you have safe and easy access to the waterway. Select a site that has safe access, taking into account the likely level of any floodwaters. Do not choose a monitoring site that is prone to floods without warning.
- Be wary of passing traffic if you are sampling near a road or from a bridge.
- Be able to swim in case you fall in.
- Avoid contact with contaminated water. Use gloves while sampling, but take them off as soon as you've finished. Don't touch your skin with wet gloves.
- Keep a fully-stocked first aid kit handy.
- Wear sturdy shoes with a good grip.
- Wear suitable clothing, including a hat and a shirt.
- Take some clean water with you for washing down chemical spills on your skin and clothes.